

Winter Solstice

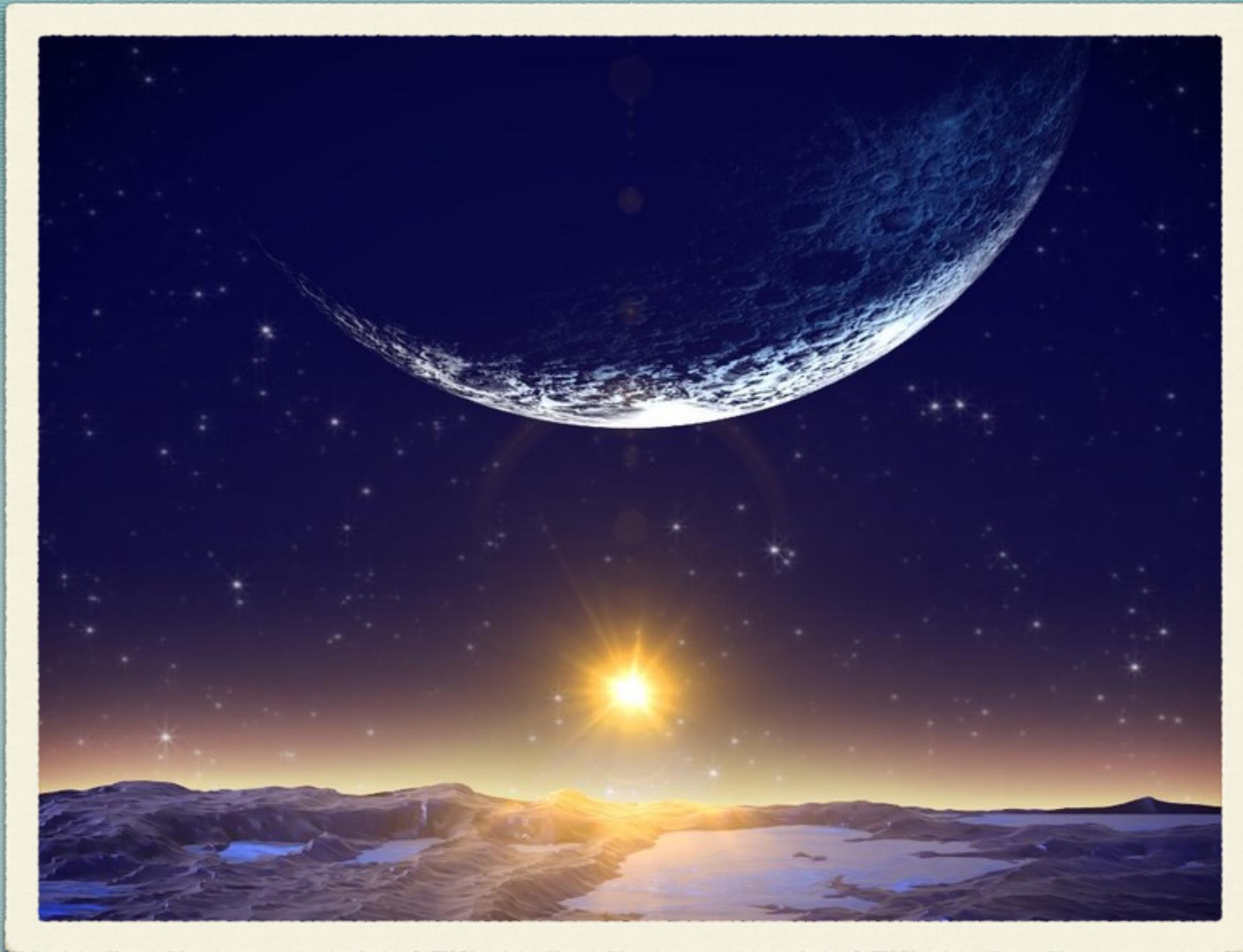
& the Death of the Ego

"Half of life is taken with sleep. Ten years are spent in childhood. Twenty years are lost in old age. Out of the remaining twenty years, sorrow, complaining, pain, and agitation eliminate much time, and hundreds of physical illnesses destroy much more."

– *Buddha*

Schedule

- * Winter Solstice Explanation
- * Reflect upon the past year ~ Pray to the Divine Mother for guidance
 - * What defects/egos have you been working on? Which ones have you eliminated or need to meditate more on? Which ones do you need to focus on in the coming year?
- * Practice of Capricorn
- * Give thanks to our Inner Being for all the help in the reflection and throughout the year.



WINTER SOLSTICE

The winter solstice marks the shortest day of the year in the Northern Hemisphere, when the sun appears at its most southerly position, directly overhead at the Tropic of Capricorn.

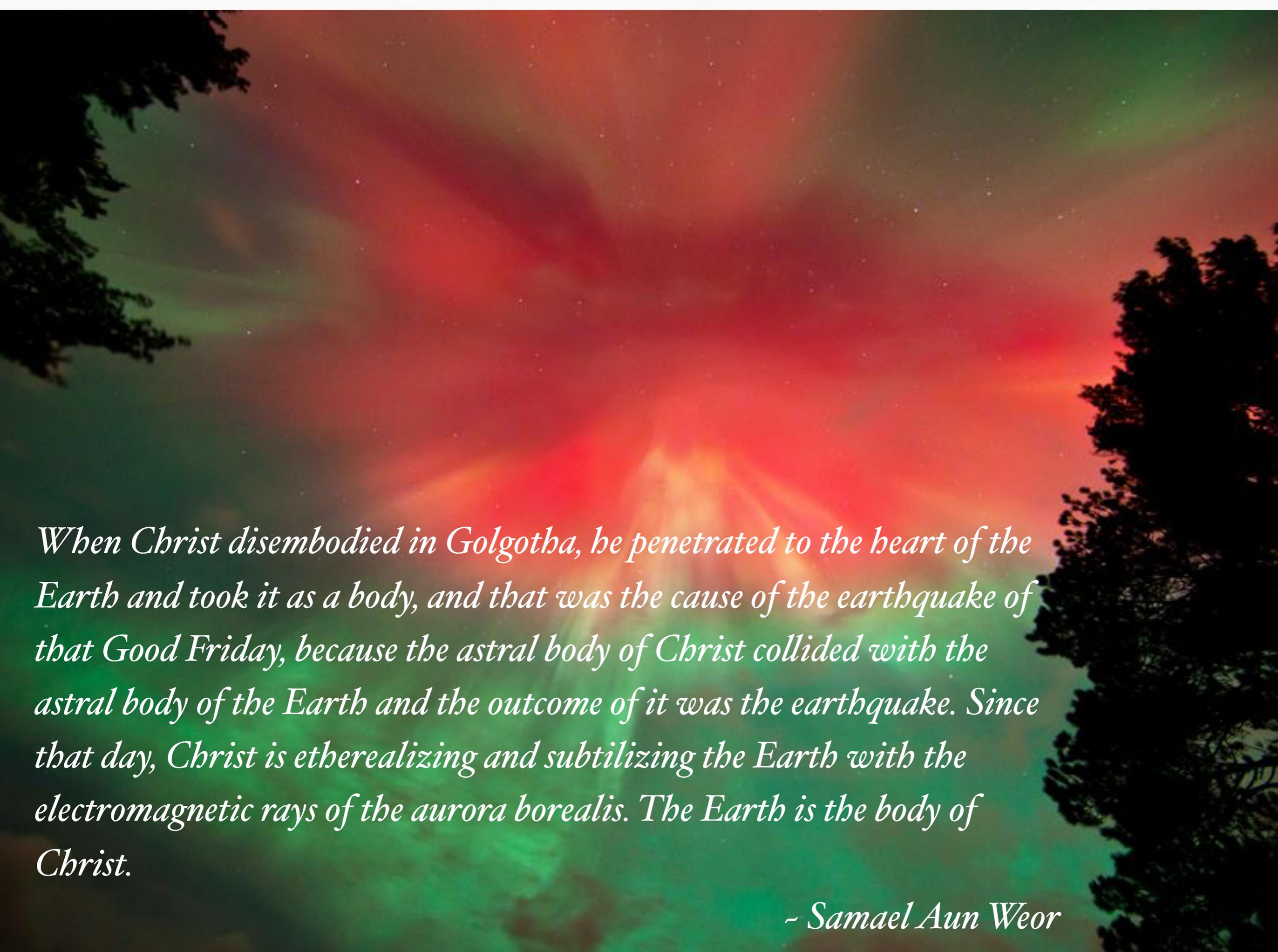
It celebrates the longest hours of darkness or the rebirth of the sun and is believed to hold a powerful energy for regeneration, renewal and self-reflection.

In Pagan times the winter solstice was referred to as Yule and was a celebration of the Goddess (Moon) energy.

The God
Boreas, the
winged-god of
the north wind
and the
bringer of
winter

Boreas kidnapping
Oreithyia





When Christ disembodied in Golgotha, he penetrated to the heart of the Earth and took it as a body, and that was the cause of the earthquake of that Good Friday, because the astral body of Christ collided with the astral body of the Earth and the outcome of it was the earthquake. Since that day, Christ is etherealizing and subtilizing the Earth with the electromagnetic rays of the aurora borealis. The Earth is the body of Christ.

- Samael Aun Weor

קונוסופ
Soph
קונוסופ אור
Soph Aur

כתר
Kether
"Crown"

בינה
Binah
"Intelligence"

חכמה
Chokmah
"Wisdom"

עין הדעת טוב ורע
דעת
Daath
"Knowledge"

גבורה
Geburah
"Justice"

חסד
Chesed
"Mercy"





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The Divine Mother Death

- * Divine Mother Death is a part of our intimate inner Being. She is a part of the cosmic order of everything. The Divine Mother brings us into the world of life, nurtures us, and carries us into the next world. The Divine Mother is the fiery force of transformation. She is the electrons that shift matter from one form into another. Her love is such that death does not end it.
- * The Divine Mother, the fiery Kundalini serpent, can dissolve the egoic structures of our psychology, after we have achieved comprehension and repentance for the suffering the ego has caused. She can dissolve the ego and free the Essence.



To pray is to talk with God. We must appeal to God the Mother in the depths of our heart if we truly want to disintegrate the “I’s.” The one who does not love his or her Mother, the ungrateful child, will fail in the work upon himself.

Each one of us has his or her particular, individual Divine Mother. She, in Herself, is a part of our own Being, but a derivative part.

All ancient civilizations adored “God the Mother” within the most profound part of our Being. The feminine principle of the Eternal One is Isis, Mary, Tonantzin, Cybele, Rhea, Adonia, Insoberta, etc.

- * If in our merely physical aspect we have a father and a mother, likewise within the deepest part of our Being we also have our Father who is in secret, as well as our Divine Mother Kundalini.
- * There are as many Fathers in Heaven as there are humans on Earth. God the Mother within our own intimacy is the feminine aspect of our Father who dwells in secret. He and She are certainly the two superior parts of our inner Being. Undoubtedly, He and She are our very true Being, beyond the “I” of psychology. He unfolds into Her. He commands, directs, instructs. She eliminates the undesirable elements which we carry in our interior with the condition that we continuously work on ourselves.
- * Thus, when we have died radically, when all the undesirable elements have been eliminated, after many conscious labors and voluntary sufferings, then we shall fuse and integrate ourselves with our “Father-Mother.” Then, we shall be terribly divine Gods, beyond good and evil.

“Any of those “I’s” that have been previously observed and judged can be reduced to cosmic dust by means of the fiery powers of our own individual, particular Divine Mother.

- * A specific formula in order to pray to our Inner Divine Mother is not necessary. We must be very natural and simple when we address Her. The child who addresses his/her mother never has a special formula. The child utters what comes from his/her heart and that is all.
- * No “I” is instantaneously dissolved. Our Divine Mother must work and even suffer very much before achieving the annihilation of any “I.”

Make yourselves introversive, direct your prayer within, seeking within your interior your Divine Lady. Thus, with sincere supplications, you shall be able to talk to Her. Beg her to disintegrate the “I” that you have previously observed and judged.

- * “As the sense of Self-observation develops, it shall permit you to verify the progressive advancement of your work.
- * Comprehension and discernment are fundamental. Nonetheless, something more is necessary if indeed what we want is to disintegrate the “myself.”
- * The mind can give onto itself the luxury of labeling any defect, passing it from one department to the other, exhibiting it, hiding it, etc. However, the mind can never fundamentally alter the defect.

- * A special power superior to the mind is necessary, a fiery power that is capable of reducing any defect to ashes.
- * Stella Maris, our Divine Mother, has that power. She is able to pulverize any psychological defect.

Excerpt From: Samael Aun Weor. "Treatise of Revolutionary Psychology."

Reflect Upon the Past Year

Pray to the Divine Mother

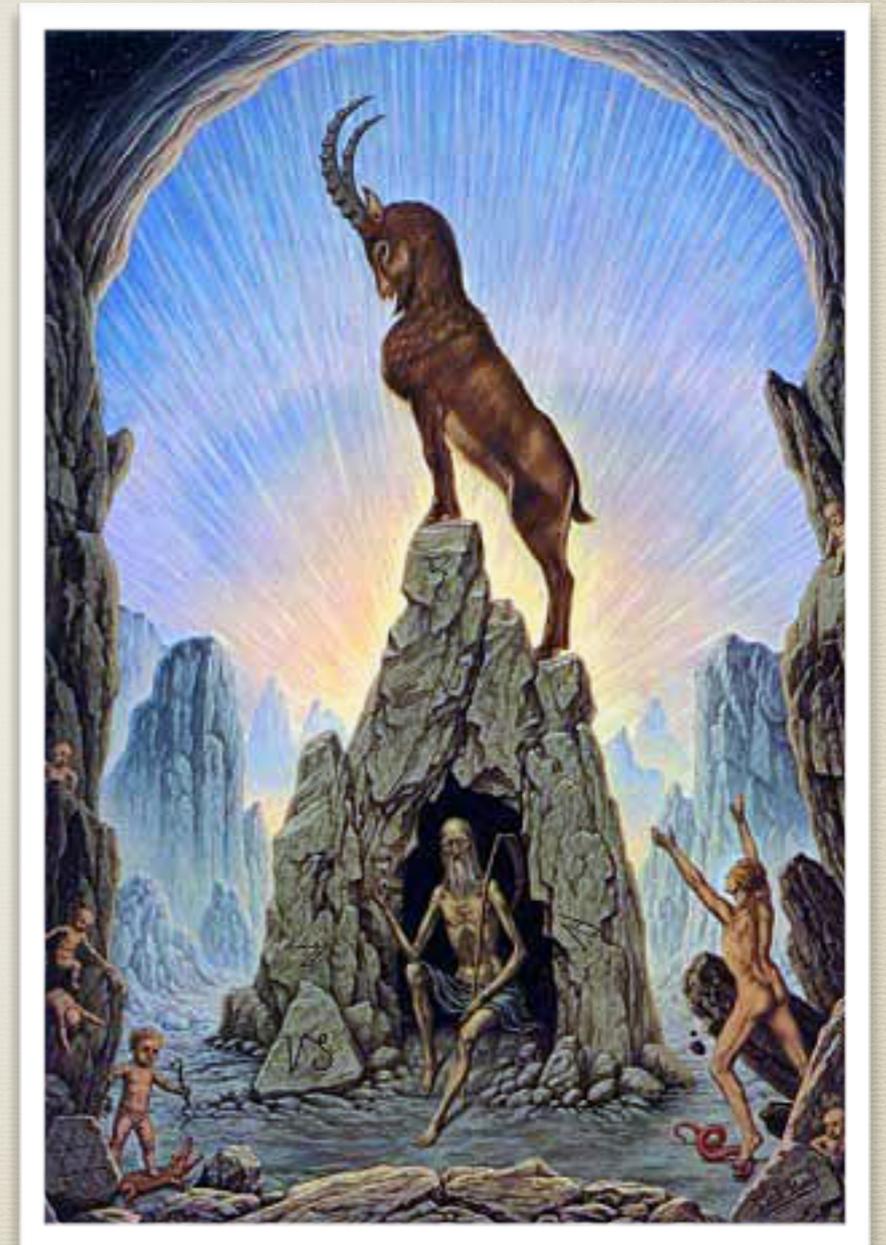
What defects/egos have you been working on? Which ones have you eliminated or need to be meditated upon more? Which ones do you need to focus on in the coming year?

- Close your eyes
- Put your hand on your heart
- Breathe deeply a few times
- Connect with your Divine Mother
- Ask for guidance, assistance, strength, understanding, whatever it is you are struggling with
- Meditate
- Ask for annihilation of your comprehended ego(s)



The Exercise of Capricorn

- * During the sign of Capricorn, imagine a coffin on the ground.
- * Walk over an imagined coffin located on the floor (imagine that the coffin is located between the legs).
- * With bent knees walk (as if to clear an obstacle), walk taking steps from from left to right.
- * This is done with the intention that the knees become charged with the lead of Saturn.
- * Masonic Masters will be able to understand this exercise of Saturn very well, because they are the same steps of the Master Mason when entering the Lodge.



- * During the Capricorn exercise, imagine a coffin on the floor located between your legs.
- * Take a step to the left and another to the right, bending the knees as if clearing an obstacle. These steps will be obviously wider and more exaggerated than a regular step since you are imagining the coffin laying there between your legs.
- * Concentrate the mind on the knee region. Those who know about Masonry can make the movements that the master performs when entering a workshop, because that walk is really Initiatic.





Give Thanks